

|| sadAchArasmRuti ||

|| hariH OM ||

yasmin sarvANi karmANi sanyasyAdhyAtmachEtasA |
nirASInirmamO yAti paraM jayati sO&chyutaH || 1 ||

smRutvA viShNuM samutthAya kRutaSoucho yathAvidhi |
dhoutadaMtaH samAchamya snAnaM kuryAdvidhAnataH || 2 ||

uddhRutEti mRudA&&lipyA dviShaDaShTaShaDakSharaiH |
trirnimajyApyasUktEna prOkShayitvApunastataH |
mRudAlipyA nimajya triH trirjapEdaGamarShaNam || 3 ||

sraShTaraM sarvalOkAnAM smRutvAnArAyaNaM param |
yataSvAsO nimajyApsupraNavEnOtthitastataH |
siMchEt puruShasUktEna svadEhasthaM hariM smaran || 4 ||

vasitvAvAsa Achamya prOkShyAchamya cha maMtrataH |
gAyatryA chAMjaliM datvAdhyAtvAsUryagataM harim || 5 ||

maMtrataH parivRutyAtha samAchamya surAdikAn |
tarpayitvAnipIDyAtha vAsO vistRutya chAMjasA || 6 ||

arkamaMDalagaM viShNuM dhyAtvaiva tripadIM japEt |
sahasra paramAM dEvIM SatamadhyAM daSAvarAm || 7 ||

A sUryadarSanAt tiShThEt tatastUpaviSEta vA |
pUrvAM saMdhyaM sanakShatrAm uttarAM sadivAkarAm |
uttarAmupaviSyaiVa vAgyataH sarvada japEt || 8 ||

dhyEyaH sadA savitRumaMDala madhyavartI
nArAyaNaH sarasijAsana sanniviShTaH |
kEyUravAn makarakuMDalavAn kirITI
hAri hiraNmayavapurdhRutaSaMKachakraH || 9 ||

gAyatryAstriguNaM viShNuM dhyAyannaShTAKSharaM japEt |
praNamyA dEvAn viprAMScha gurUMScha haripArShadAn |
EvaM sarvOttamaM viShNuM dhyAyannEvArchayEddharim || 10 ||

dhyAna pravachanAByaM cha yathAyOgyamupAsanam |
dharmENEjyAsAdhanAni sAdhayitvAvidhAnataH |
snAtvAsaMpUjayEd viShNuM vEdataMtrOktamArgataH || 11 ||

vaiSvadEvaM baliM chaiva kuryAnnityaM tadarpaNam |

iShTaM dattaM hutaM chaptaM pUrtaM yacchAtmanaH priyam |
dArAn sutAn priyAn prANAn parasmai sannivEdayEt || 12 ||

BuktaSEShaM BagavatO BRutyAtithipurassaraH |
BuMjIta hRudgataM viShNuM smaraMstadgatamAnasaH |
AchamyA mUlamaMtrENa kOShThaM samaBimaMtrayEt || 13 ||

vEdaSAstravinOdEna prINayan puruShOttamam |
ahaH SESHaM nayEt saMdhyAmupAsItA&tha pUrvavat || 14 ||

yAmAtparata EvAtha svapEd dhyAyan janArdanam |
aMtarAIe tatO budhvAsmarEta bahuSO harim || 15 ||

kAyEna vAchA manasEMdriyairvA
buddhyA&tmanA vA&nusRutaH svaBAvam |
karOti yadyat sakalaM parasmai
nArAyaNAyEti samarpayEttat || 16 ||

dvAvimou puruShou IOkE kSharaSchAkShara Eva cha |
kSharaH sarvANi BUtAni kUTasthO&kShara uchyatE || 17 ||

uttamaH puruSha stvanyaH paramAtmEtyudAhRutaH |
yO IOkatrayamAviSyA biBartyavyaya ISvaraH || 18 ||

yasmAt kSharamatItO&haM akSharAdapi chOttamaH |
atO&smi IOkE vEdE cha prathitaH puruShOttamaH || 19 ||

yO mAmEvamasammUDhO jAnAti puruShOttamam |
sa sarvavid Bajati mAM sarvaBAvEna BAraTa || 20 ||

iti guhyatamaM SAstraM idamuktaM mayA&naGa |
Etad budhvAbuddhimAn syAt kRutakRutyaScha BAraTa || 21 ||

rudraM samASritA dEvA rudro brahmANamASritaH |
brahmAmAmASritO nityaM nA&haM kaMchidupASritaH || 22 ||

yO mE matamidaM nityamanutiShThaMti mAnavaH |
SraddhAvaMtO&nasUyaMtO muchyaMtE tE&pi karmaBiH || 23 ||

yE tvEtadaByasUyaMtO nAnutiShThaMti mE matam |
sarvaj~jAna vimUDhAMstAn viddhinaShTAnachEtasaH || 24 ||

dvouBUtasargou IOkE&smin daiva Asura Eva cha |
viShNuBaktiparO daivO viparItastathA&suraH || 25 ||

"dvAvEva sargou IOkEsmin"

smartavyaH satataM viShNuH vismartavyO na jAtuchit |
sarvE vidhiniShEdhAH syurEtayOrEva kiMkarAH || 26 ||

dharmO BavatyadharmO&pi kRutO BaktaiH kRutO harEH || 27 ||
pApaM Bavati dharmO&pi yO na BaktaiH kRutO harEH || 27 ||

manmanA Bava mad^BaktO madyAjl mAM namaskuru |
nityaM BavEcchamanniShThO buBUShuH puruShastataH || 28 ||

ESha nityaH sadAchArO gRuhINO vaninastathA |
vaiSvadEvaM baliM daMtadhAvanaM chApyRutE vaTOH || 29 ||

EvamEva yatEH svlyavittEna tu vinA sadA |
mUlamaMtraissadA snAnaM viShNOrEva cha tarpaNam || 30 ||

viSEShO niShkRiyayatErajaiAMjalitA tathA |
tarpaNaM tu harErEva yatEranyasya chOditam |
samiddhOmO vaTOSchaiva smRutvA viShNuM hutASanE || 31 ||

sarvavarNASramairviShNurEka EvEjyatE sadA |
ramAbrahmAdayastasya parivArata Eva tu || 32 ||

kaviM purANamanuSAsitAram
aNOraNlyAMsamanu smarEd yaH |
sarvasya dhAtAramaMchiMtyarUpam
AdityavarNaM tamasaH parastAt || 33 ||

vEdAhamEtaM puruShaM mahAMtam
AdityavarNaM tamasastupArE |
sarvANi rUpANi vichiMtya dhlrO
nAmAni kRutvA&Bivadan yadAstE || 34 ||

dhAtA purastAdyamudAjahAra
SakraH pravidvAn pradiSaSchatasraH |
tamEvaM vidvAnamRuta iha Bavati
nAnyah paMthA ayanAya vidyatE || 35 ||

AnaMdatlrtha muninA vyAsavAkya samuddhRutiH |
sadAchArasya viShayE kRutA saMkShEpataH SuBA || 36 ||

aSEShakalyANaguNa nityAnuBavasattanuH |
aSEShadOSharahitaH prlyatAM puruShOttamaH || 37 ||

|| iti SrlmadAnaMdatlrtha BagavatpAdAchArya virachita
sadAchArasmRutiH samAptA ||